



Activity & Program Guide

October 2020

Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street ~ Appleton, WI 54911

Youth Programming is Where It's At!

Yup...turns out the school year is going to look a bit different this year & that's ok. Why? Because SOAR has some AWESOME youth programs including our TnT groups!

You can definitely learn more about TnT & all of our youth programs on Page 5 of the newsletter, but don't forget to check out our website too!

Rather talk to someone? Not a problem! Call Lisa M., Youth Services Manager at 920-731-9831 x110!

Rather email someone? Still not a problem! Email Lisa M. at lisa@soarfoxcities.com!

We look forward to seeing you & if you're new, meeting you!

A Quick Reminder for Youth & Families attending Youth Programs - Please remember to send Lisa M. your email address so she can send you the Zoom link for virtual sessions!!



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Inserts: October 2020 Activity Calendar at a Glance, Living Well Info Session Flyer, Trunk or Treat Info & Registration



[Temporary] Office Hours: Monday through Thursday, 9:00am-3:00pm (Closed on Fridays)*

*Phone: 920.731.9831

Fax: 920.725.1531

E-mail: info@soarfoxcities.com

Website: www.soarfoxcities.com



Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity. After office hours, please call 920-931-2530 for Adult Programs information.

Payment Policy We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. The use of SOARcash is encouraged for those needing minor financial assistance, when it is available (based on allowed funding). Call for a SOARcash application. For any questions regarding bills/invoices, please ask for extension 100. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our on-line calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least 5 days in advance. If you do not cancel in advance you will be liable for the program fees.

Notice SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Renee Roble, AmeriCorps Volunteer Coordinator, at 920-731-9831, x127.

Some current needs are: "Office Angels", special event committee members, assisting with Special Olympics' Track & Field.



Volunteer with SOAR today!





SOAR Fox Cities Board of Directors

Bryan Mueller, *President*
Laura McCormick, *Vice President*
Gary Weber, *Treasurer*
Heather Sorebo, *Secretary*

Polly VandenBoogaard Paul Meyer Mark Robinson Reg Wydeven



Hello Friends of SOAR!

Welcome to October! My oh my has this year just flown by!!

As many of you well know, October is my favorite month of the year - Not only are the Fall colors beautiful, but Halloween adventures are always happening!

As you guessed it, Halloween is likely to look different this year than it has in year's past. The same goes for Halloween at SOAR. This year we're combining office trick or treating with our Fall Family Event & hosting a Trunk or Treat! Be sure to check out the insert for all the amazing details on this NEW event!!

I also want to mention that you'll be seeing some additional new opportunities in October. We realize that the reduced capacity limits make it hard for some folks to get registered for activities so we've added more!! In fact, we've doubled some of our most popular activities and will be offering multiple sessions a day. Please **ONLY SIGN UP FOR ONE SESSION A DAY** so we can sign as many people up as want to attend. If you sign up for multiple sessions in one day, you will be waitlisted for the session of **our** choice.

And last, but certainly not least - It's membership drive time!! Please watch your mailboxes and inboxes for details on 2021 membership! We know we still owe you your free 2020 membership gift and those will accompany your membership renewal notice. We'll again be offering a free gift with 2021 membership! Also included with your renewal will be an updated Member Handbook that needs signing & a PIF to update - Please be sure to provide both with your membership renewal. Detailed instructions will be included in your membership packet!

That's all for now!! Enjoy October & Happy Halloween!

~ Erin Schultz, Executive Director

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz, Executive Director, x116
Ashley Gustafson, Director of Community Engagement, x114
Jolene Verstegen, Financial Administrator, x115
Julie Biesterveld, TBI Support Program Coord., x113
LeeAnn Stein, Director of Adult Programs, x112
Lindsay Wollerman, Fundraising & Grant Manager, x111
Lisa McCallister, Youth Services Manager, x110

Lisa Volkman, Special Olympics Coordinator, x109
Paula Maurer, Adult Program Coordinator, x124 or
920.931.2530 (after 5pm)
Harper Smith, TBI Support Program Navigator, x118
Tammy Wittmann, Family Programs & Community Resource
Coordinator, x122
Zach Wroblewski, Accounting Clerk, x100

Registering for all activities is required!

1. Select the activities that fit your schedule.
2. **Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.**
3. Complete the enclosed registration form and return it to our SOAR office with payment. You can pay on-line at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.
4. Note that dances require tickets for admission. Staff/caregivers attending need to get a complimentary ticket at the SOAR office.

Calendar-at-a-glance

Program Type KEY

Youth Programs Y

Adult Programs A

Adult Ed Programs AE

Advocacy Programs ADV

Family Programs F

Community Ed CE



F2F = Face to Face/In Person

October 2020

Sun	Mo	Tue	We	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	23
25	26	27	28	29	30	31

October	Program Choice	Time	Page	Cost member/ non-member	IRIS Code	Staffed by:	Type KEY
4	Lunch & Halloween Bingo	11:00am-2:00pm	7	\$25/\$50/*	F	Paula	A
4	Dinner & Halloween Bingo	3:00pm-6:00pm	7	\$25/\$50/*	F	Paula	A
5	Games	5:30pm-7:00pm	7	\$10/\$20	F	Paula	A
6	Living Well Info Session	4:00pm-5:00pm	Insert	No Cost	-	Erin/Lisa V.	-
7, 14, 21	Women's Series	6:00pm-7:25pm	7	\$10/\$20	F	LeeAnn	AE
7	Coffee Connections	10:30am-11:30am	6	No Cost	-	Tammy	F
7	Evening Crafts - Session #1	5:00pm-6:30pm	7	\$10/\$20	F	Paula	A
7	Evening Crafts - Session #2	7:00pm-8:30pm	7	\$10/\$20	F	Paula	A
8	Baking Class - Tres Leches	10:00am-Noon	7	\$10/\$20	F	LeeAnn	AE
8	Living Well Info Session	2:00pm-3:00pm	Insert	No Cost	-	Erin/Lisa V.	-
8	TnT - In Person	6:30pm-8:00pm	5	No Cost	-	Lisa M.	Y
13	People First	6:00pm-7:15pm	5	No Cost	F	LeeAnn	ADV
14	Virtual Brain Injury Support	5:30pm-6:30pm	6	No Cost	-	Julie/Harper	ADV
14	Dinner & Movie	5:30pm-8:30pm	8	\$15/\$30*	F	Paula	A
18	Lunch & Craft	11:00am-2:00pm	8	\$25/\$50/*	F	Paula	A
18	Dinner & Craft	3:00pm-6:00pm	8	\$25/\$50/*	F	Paula	A
20	Daytime Craft	10:00am-11:30am	8	\$10/\$20	F	LeeAnn	AE
20	Pumpkin Decorating - Session #1	5:00pm-6:30pm	8	\$15/\$30	F	Paula	A
20	Pumpkin Decorating - Session #2	7:00pm-8:30pm	8	\$15/\$30	F	Paula	A
21	Cookie Decorating - Session #1	5:00pm-6:30pm	8	\$20/\$40/*	F	Paula	A
21	Cookie Decorating - Session #2	7:00pm-8:30pm	8	\$20/\$40/*	F	Paula	A
22	Virtual TnT	6:30pm-7:30pm	5	No Cost	-	Lisa M.	Y
26	Art Class	1:30pm-3:00pm	8	\$10/\$20	F	LeeAnn	AE
26	Dinner & Pinot's Palette @ SOAR	5:30pm-8:30pm	9	\$30/\$60/*	C	Paula	A
26	Brain Injury Support (F2F)	6:00pm-7:30pm	6	No Cost	-	Julie/Harper	ADV
27	Virtual Games	10:00am-11:00am	9	No Cost	-	LeeAnn	AE
28	Dinner & Movie	5:30pm-8:30pm	9	\$15/\$30/*	F	Paula	A
28	Trunk or Treat	5:00pm-7:00pm	6	\$5/person	C	Tammy/Lisa M.	F/Y

SOAR Fox Cities - where YOUTH fit in!

Kidz Klub—Kidz Klub is a collaborative after-school program between SOAR Fox Cities and area school districts which targets children in Elementary Schools. Kidz Klub is a peer-to-peer social group for youth with and without disabilities held at a school within the participating school district.

Teen Stop—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. Held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.

Special Olympics—Did you know Special Olympics begins at age 8?? Please see the Special Olympics section in this newsletter for sports offered by SOAR Fox Cities, and become part of the 3rd largest Special Olympics agency in the state of Wisconsin!!



Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, lisa@soarfoxcities.com

YOUTH PROGRAMS (Y)

ADVOCACY (ADV)

If you are a TEEN or a young adult (thru age 23), join:



• TnT - In Person - Thursday, October 8th ~ 6:30pm

We are hoping to get one more outdoor meeting together for TnT! We'll meet again, and likely for the last time this year, in the SOAR Parking Lot - Please dress accordingly. Please also watch your emails closely for the location of future TnT Meetings.

• VIRTUAL TnT—Thursday, October 22nd ~ 6:30pm

Join us for some fun & talking while remaining safe in your home! Register ahead of time and we will send you the link for the Zoom meeting.

Another school year & more TnT! Whoop Whoop! Historically TnT has met every other week & we hope that this is what we can continue to do; however because of COVID-19 pandemic has things changing day-by-day we are not sure what this school year will look like. Please keep an eye on the newsletter to know exactly when and where each meeting will take place - Some will likely be virtual, but we hope to do as many face-to-face as possible!

People First Fox Cities

A group that encourages and trains individuals to speak up and advocate for themselves. There is no cost to attend & learn how to become a better self-advocate. Everyone is welcome!

- **Tues., October 13th 6pm-7:15pm** Lower Level Activity Room @ The SOAR Building + VIRTUAL **Register by October 6th**

To learn more about People First & how to join be sure to reach out to LeeAnn Stein, Director of Adult Services, at 920-731-9831 x112 or leeann@soarfoxcities.com



Brain Injury Support Group

This support group is open to survivors who have had a brain injury as well as family members & caregivers of those that have survived a traumatic brain injury.

The group meets at various times. Because it's getting colder we're moving indoors!

- **Wed., October 14th** 5:30pm via ZOOM (Register by October 13th)
- **Mon., October 26th** 6:00pm @ UW-Oshkosh at Fox Cities - 1478 Midway Rd (Register by October 25th)

Face to face groups & attendance will continue to be limited for safety. Those wishing to attend MUST email Julie at Julie@soarfoxcities.com to reserve a spot.

Want to learn more about Brain Injuries?

Check out our virtual learning sessions - TBI 101

October 6 ~ October 14 ~ October 22

All sessions are from Noon - 1:00pm via Zoom! Please contact Julie to register!



ADVOCACY (ADV)



Coffee Connections! Wed., October 7th

10:30-11:30am via ZOOM

This is a support group for parents, guardians and caregivers looking to explore current trends and topics of interest.

Are you ready to vote? Questions or concerns about voting the Appleton area? Tune in today to hear about such topics as: registration requirements, absentee voting process, safety measures at the polls, etc. Our guest is Jacqueline E. Klimaszewski, Director of Voter Information & Turnout, League of Women Voters of Appleton

Watch for an email link for the meeting. If you are not in the Coffee Connections contact group, contact Tammy at tammy@soarfoxcities.com for meeting information.

Please Register by October 5th to make sure you receive the Zoom link in a timely manner!

FAMILY (F)

Have YOU Heard?!

Something's "Boooooing" at SOAR & WisconSibs for Halloween!!

Check out the Insert for ALL the details on this *NEW* Spooktacular event!!

STOP!!!

Hey there!! Please be sure to read this....



You will see several activities offering multiple sessions a day during October! This is so we can accommodate more participants! Please **ONLY SIGN UP FOR ONE SESSION PER DAY!** If you sign up for more than one session a day you will be automatically waitlisted for at least one of the sessions.



Lunch/Dinner & Halloween Bingo - In Person with TWO Sessions offered!

Hosted at the SOAR Fox Cities Building in the Lower Level Activity Room

Fee: \$25 or \$50 non-members, \$25 for caregivers

• **Session #1(lunch):** Sun., October 4th 11:00am-2:00pm Register by October 1st
We will have taco salad and a dessert for lunch, then we'll play Halloween themed bingo!

• **Session #2 (dinner):** Sun., October 4th 3:00pm-6:00pm Register by October 1st
We will play Halloween themed bingo and then have taco salad and a dessert for dinner!

Please only choose ONE session to attend.

Games - In Person

5:30-7:00pm at SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 non-members

We're going to spend the evening playing a variety of games!

• **Mon., October 5th**

Register by October 1st

Women's Series - In Person & Virtual

6:00-7:15pm at SOAR Fox Cities Building, First Floor Board Room + ZOOM

Fee: \$10 or \$20 non-members

Discussions will be on Health & Hygiene, Assertiveness & Self Confidence, and Personal Safety.

• **Wednesdays, October 7th, 14th, & 21st**

Register by October 1st

Evening Craft - In Person with TWO Sessions offered!!

Hosted at the SOAR Fox Cities Building in the Lower Level Activity Room

Fee: \$10 or \$20 non-members

• **Session #1:** Wed., October 7th 5:00pm-6:30pm Register by October 5th

• **Session #2:** Wed., October 7th 7:00pm-8:30pm Register by October 5th

During both sessions we'll make a Halloween themed craft!!

Please only choose ONE session to attend.

Baking Class - In Person & Virtual

10:00am - Noon at the SOAR Fox Cities Building, Lower Level Activity Room + ZOOM

ZOOM starts at 10:00am

Fee: \$10 or \$20 for non-members

• **Thurs., October 8th** This month we will be making Tres Leches Cake a Latin milk cake.

Register by October 1st

Dinner & Movie - In Person

5:30pm-8:30pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$15 or \$30 for non-members Caregiver fee: \$15

- **Wed., October 14th** We'll have pizza, salad and a dessert for dinner. Then we'll watch a NON-scary Halloween movie! [Register by October 12th](#)

Lunch/Dinner & Crafts - In Person with TWO Sessions offered!

Hosted at the SOAR Fox Cities Building in the Lower Level Activity Room

Fee: \$25 or \$50 for non-members Caregiver fee: \$25

- **Session #1 (lunch):** Sun., October 18th 11:00am-2:00pm [Register by October 14th](#)
We'll have spaghetti, salad & dessert for lunch & then we'll do a variety of crafts!!
- **Session #2 (dinner):** Sun., October 18th 3:00pm-6:00pm [Register by October 14th](#)
We'll do a variety of crafts and then enjoy spaghetti, salad & a dessert for dinner!

Please only choose ONE session to attend!

Crafts - Daytime - In Person

10:00am-11:30am at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 for non-members

- **Tues., October 20th** - You'll be making a fleece pillow (No sew!)



[Register by October 13th](#)

Pumpkin Decorating - In Person with TWO Sessions offered!

Hosted at the SOAR Fox Cities Building in the Lower Level Activity Room

Fee: \$15 or \$30 for non-members

- **Session #1:** Tues., October 20th 5:00pm-6:30pm [Register by October 14th](#)
- **Session #2:** Tues., October 20th 7:00pm-8:30pm [Register by October 14th](#)

We will be decorating a real pumpkin for Halloween!!

Please only choose ONE session to attend!

Cookie Decorating - In Person with TWO Sessions offered!

Hosted at the SOAR Building in the Lower Level Activity Room

Fee: \$20 or \$40 for non-members Caregivers \$20 (if decorating their own cookies)

- **Session #1:** Wed., October 21st 5:00pm-6:30pm [Register by October 12th](#)
- **Session #2:** Wed., October 21st 7:00pm-8:30pm [Register by October 12th](#)

Everyone will frost and decorate 2 dozen cookies to take home!! Each person will have their own cookies, frosting and decorations!

Please only choose ONE session to attend!

Art Class - In Person

1:30pm-3:00pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 for non-members

- **Mon., October 26th** Join us to do string art!



[Register by October 19th](#)

Dinner & Pinot's Palette @ SOAR - In Person

5:30pm-8:30pm at the SOAR Building, Lower Level Activity Room

Fee: \$30 or \$60 for non-member Caregiver: \$30

- **Mon., October 26th** Pinot's Palette is coming to SOAR! We'll have Spanish Hamburg-ers, cheesy potatoes, a veggie & dessert for dinner. Then we'll paint a masterpiece on canvas!

Register by October 12th

Virtual Games - I'd Rather

10:00am-11:00am via ZOOM

Fee: No Cost

- **Tues., October 27th** Need a break?! Let's play I'd Rather! The only transportation available is a donkey or a camel. Which would you pick?? I'd Rather... Register by October 26th

Dinner & Movie - In Person

5:30-8:30pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$15 or \$30 for non-members Caregiver Fee: \$15

- **Wed., October 28th** We will have pizza, salad & a dessert. Then we'll watch a NON-scary Halloween movie! Register by October 19th

SPECIAL OLYMPICS!!!

Bowling started in September & WOW, what fun it has been!! We missed seeing you all so very much!!

Guess what the next sport is?! That's right - BASKETBALL!!!



Basketball registration forms won't be available until our November newsletter, but please also watch your emails & Facebook for updates. We will share the forms as soon as we are able, but ask for your patience - COVID-19 is still causing some hiccups with programming scheduling, which has delayed much of our planning Please know that you can always contact Lisa V. for more information including what our safety procedures will be at 920-731-9831, ext. 109 or lisav@soarfoxcities.com



Participant Name _____

Date of Activity	Activity Name	Cost
	Please remember to ONLY REGISTER FOR ONE SESSION A DAY IF AN ACTIVITY OFFERS MULTIPLE SESSIONS ON ONE DAY. THANK YOU!	

Submit total amount due to:

SOAR Fox Cities

211 E Franklin St., Suite A

Appleton, WI 54911

Registration and Payment required prior to activities.

Pay by cash, check (# _____), or on-line.

Total: _____

October 2020

(920) 731.9831
211 E Franklin St.
Appleton, WI 54911
info@soarfoxcities.com



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4 Lunch & Halloween Bingo Page 7 Dinner & Halloween Bingo Page 7	5 Games Page 7 Bowling @ Sabre Lanes	6 Safe and Free (Series started in September) Living Well Info Session Insert	7 Coffee Connections Page 6 Women's Series Page 7 Craft - Evening Sessions 1 & 2 Page 7	8 Baking Page 7 TnT - In Person Page 5 Living Well Info Session Insert	9	10
11	12 Bowling @ Sabre Lanes	13 People First Page 5 Safe and Free (Series started in September)	14 Women's Series Page 7 Dinner & Movie Page 8 Brain Injury Support Page 6	15	16	17
18 Lunch & Crafts Page 8 Dinner & Crafts Page 8	19 Bowling @ Sabre Lanes	20 Crafts - Daytime Page 8 Pumpkin Decorating Sessions 1 & 2 Page 8	21 Women's Series Page 7 Cookie Decorating Sessions 1 & 2 Page 8	22 TnT - Virtual Page 5	23	24
25	26 Dinner & Pinot's Palette at SOAR Page 9 Art Class Page 8 Brain Injury Support Page 6 Bowling @ Sabre Lanes	27 Virtual Games Page 9	28 Trunk or Treat! See Insert & Page 6 Dinner & Movie Page 9	29	30	31

NOTES

Self Determination Conference is Mon., Oct. 26- Wed., Oct. 28

Something is Booing at SOAR and WisconSibs!

Looking for a fun-filled Halloween activity? SOAR Fox Cities and WisconSibs have just what you need for your Halloween entertainment!

Trunk or Treat

Wednesday, Oct. 28

5:00-7:00pm

Palisades Park

(2525 Theresa Ave., Appleton, near the Goodwill Menasha entrance on Valley Road)

SOAR Fox Cities and WisconSibs are bringing this Spooktacular event right to your car door! Say what?

That's right! This is a drive-thru event that will allow participants and families to drive through our happy haunting ground to gather tricks and treats! As you enter the park, you will be greeted by spirited individuals eager to spread some Halloween entertainment. Take your time through the park so you can enjoy all the decorated trunks. You will want to be sure to stop on your way so costumed characters can hand you an item for your trick-or-treat bag without leaving your car! So, let me ask you...Are you ready to help us Creep it Real this Halloween?

(Registrations can be done on the SOAR website or mail in this form with your payment. NO IN-PERSON registrations!)

Number of trick or treaters in the vehicle: _____

Full name needed for all trick or treaters. Trick or treaters include SOAR and WisconSibs participants and siblings. (Use the back if more room is needed.)

_____	_____
_____	_____
_____	_____

Full name of contact person: _____

Best email: _____

Best phone: _____

Total Amount Enclosed (Total should equal total # of trick or treaters x \$5): _____

Submit registration and payment to: SOAR Fox Cities, 211 E. Franklin St., Suite A Appleton, WI 54911

Online registrations can be made at <https://www.soarfoxcities.com/register-for-activities>.

For questions or more information, contact SOAR Fox Cities at 920.731.9831. You can reach Lisa McCallister at ext. 110 (Lisa@soarfoxcities.com) or Tammy Wittmann at ext. 122 (tammy@soarfoxcities.com).



SOAR Fox Cities has received a grant from the Wisconsin Board for People with Developmental Disabilities (WI-BPDD) to be part of a project of national significance called “Model Approaches to Living Well.”

The “Living Well” project aims to increase health, safety, independence, and connectedness of people with Intellectual and Developmental Disabilities living in the community. Wisconsin is one of eight states to be part of this important federal initiative.

This is an exciting opportunity for SOAR and we’d like you to get involved! Over the next four years, we will be focusing on:

- Engaging people in personalized interviews to learn about how we can support the goals and outcomes they want in life,
- Adding new services that help people learn independent living skills and make meaningful connections in the community,
- Building stronger peer-to-peer networks and providing self-advocacy education using a curriculum called “Safe and Free,” which also focuses on healthy relationships and abuse prevention,
- Providing Future Planning to families and building a stronger family networks, and
- Building awareness with the community-at-large to support people with Intellectual and Developmental Disabilities to live full lives.

If you are interested in being part of this with us, sign up for one of the Living Well information virtual meetings below to learn more or contact Lisa Volkman at lisav@soarfoxcities.com or 920-731-8931 X 109

Tuesday, October 6, 2020 at 4pm Register in advance for this meeting: https://zoom.us/meeting/register/tJAtcu6vrTkqHtYQPjHR2d8nLITkFqsfq5UK	Thursday, October 8, 2020 at 2pm Register in advance for this meeting: https://zoom.us/meeting/register/tJ0qfu-sqDgvG9XP2hip1R6EeCQKWJHN66WW
<i>After registering, you will receive a confirmation email containing information about joining the meeting.</i>	

For more information about the Wisconsin Board for People with Developmental Disabilities Living Well Project visit: <https://wi-bpdd.org/index.php/living-well>