



Activity & Program Guide

August 2020

Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street ~ Appleton, WI 54911

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Inserts: August 2020 Activity Calendar at a Glance, Corn Roast Information & Registration, and 2020 Bowling Season Information & Registration Form



It's August!!!

Can you guess what happens in August??

That's absolutely right!! The Corn Roast!!

Things are going to look a bit different this year, though, because of the COVID-19 Pandemic....

....We present to you **CORN ON WHEELS!!!**

AH-maizing, isn't it (ok, so we had to include one corny joke!).

This year, instead of meeting at Pierce Park, we're bringing the corn & fun to your door!! See the insert in this newsletter for more information!



[Temporary] Office Hours: Monday through Thursday, 9am-3:30pm (Closed on Fridays)*

*Phone: 920.731.9831

Fax: 920.725.1531

E-mail: info@soarfoxcities.com

Website: www.soarfoxcities.com



Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity. After office hours, please call 920-931-2530 for Adult Programs information.

Payment Policy We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. The use of SOARcash is encouraged for those needing minor financial assistance, when it is available (based on allowed funding). Call for a SOARcash application. For any questions regarding bills/invoices, please ask for extension 100. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our on-line calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least 5 days in advance. If you do not cancel in advance you will be liable for the program fees.

Notice SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Renee Roble, AmeriCorps Volunteer Coordinator, at 920-731-9831, x127.

Some current needs are: "Office Angels", special event committee members, assisting with Special Olympics' Track & Field.



Volunteer with SOAR today!





SOAR Fox Cities Board of Directors

Bryan Mueller, *President*
Laura McCormick, *Vice President*
Gary Weber, *Treasurer*
Heather Sorebo, *Secretary*

Polly VandenBoogaard Paul Meyer Mark Robinson Reg Wydeven



Hello Friends of SOAR!

Well, August here we come! I can hardly believe the summer is almost over...I think it just got here!

I'm happy to say we're entering our second month of offering in-person services! Things have been going great & we're so happy to see so many of you!! As we move through August we want you to remember that the health & safety of each and every one of you is our #1 priority! We're continuing to take extra precautions to ensure that you stay safe & healthy. If you want to review those again, please feel free to visit our website at www.soarfoxcities.com/covid-19. As always, if you have any questions

please know that you can contact me!

Please continue to watch our website, Facebook page & your emails for updates on programming, schedules & the safety precautions we are taking. As we continually work with local health officials, the Wisconsin Department of Health, and the Centers for Disease Control things may change on short notice and our website, Facebook Page & your emails are the best places to find up to date information.

Continuing through August, activity registration will be VERY limited. Some classes will only allow as few as 4 people to register. This is, again, for your health & safety - We want to make sure we can abide by social distancing requirements. For those that are unable or don't feel safe joining in person, we have some other options available to you like craft and baking kits that can be picked up at SOAR. We're also continuing our virtual programming via ZOOM, Facebook & YouTube so please be sure to check us out there.

~ Erin Schultz, Executive Director

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz, Executive Director, x116

Ashley Gustafson, Director of Community Engagement, x114

Jolene Verstegen, Financial Administrator, x115

Julie Biesterveld, TBI Support Program Coord., x113

LeeAnn Stein, Director of Adult Programs, x112

Lindsay Wollerman, Fundraising & Grant Manager, x111

Lisa McCallister, Youth Services Manager, x110

Lisa Volkman, Special Olympics Coordinator, x109

Paula Maurer, Adult Program Coordinator, x124 or
920.931.2530 (after 5pm)

Harper Smith, TBI Support Program Navigator, x118

Tammy Wittmann, Family Programs & Community Resource
Coordinator, x122

Zach Wroblewski, Accounting Clerk, x100

Registering for all activities is required!

1. Select the activities that fit your schedule.
2. **Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.**
3. Complete the enclosed registration form and return it to our SOAR office with payment. You can pay on-line at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.
4. Note that dances require tickets for admission. Staff/caregivers attending need to get a complimentary ticket at the SOAR office.

Calendar-at-a-glance

Program Type KEY

Youth Programs Y
 Adult Programs A
 Adult Ed Programs AE
 Advocacy Programs ADV
 Family Programs F
 Community Ed CE

CORN ROAST IS
 AUGUST 18TH!!

AUGUST 2020

Su	Mo	Tue	We	Th	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August	Program Choice	Time	Page	Cost member/non-member	IRIS Code	Staffed by:	Type KEY
3	Games	5:30pm-7:30pm	7	\$7/\$14	F	Paula	A
4	Scavenger Hunt	10:00am-11:00am	7	\$10/\$20	C	LeeAnn	AE
5	Coffee Connections	10:30am-11:30am	6	FREE	-	Tammy	F
5	Craft - Evening	5:30pm-7:00pm	7	\$9/\$18	F	Paula	A
6	Cooking Class - Lunch	10:30am-Noon	7	\$10/\$20	F	LeeAnn	AE
6	TnT - Virtual	6:30pm-8:00pm	5	FREE	-	Lisa M.	Y
10	Virtual Cooking Class	11:00am	7	FREE	-	LeeAnn	AE
10	Parking Lot Bingo	5:30pm-7:30pm	6	\$5/person	F	Tammy	F
11	Art in the Park	10:00am-11:00am	8	\$10/\$20	C	LeeAnn	AE
12	Dinner & Movie	5:30pm-8:30pm	8	\$15/\$30/\$15*	F	Paula	A
13	Baking Class	10:00am-Noon	8	\$10/\$20	F	LeeAnn	AE
13	TnT Games - Virtual	1:30pm-2:30pm	5	FREE	-	Lisa M.	Y
13	Outside Games	5:30pm-7:30pm	8	\$7/\$14	F	Paula	A
16	Lunch & Crafts	11:00am-2:00pm	8	\$25/\$50/\$25*	F	Paula	A
17, 18, 19, 20	KITE Kamp	8:00am-3:00pm	5	\$150/youth	Camp	Lisa M.	Y
18	Mini Golf	5:30pm-7:00pm	8	\$12/\$24/\$8*	F	Paula	A
19	Virtual Parent/Caregiver Happy Hour	6:30pm-7:30pm	8	FREE	-	Tammy	F
20	Dinner & Bingo	5:30pm-8:30pm	8	\$25/\$50/\$15*	F	Paula	A
20	TnT	6:30pm-8:00pm	5	FREE	-	Lisa M.	Y
24	Virtual Cooking Class	11:00am	8	FREE	-	LeeAnn	AE
24	Outdoor Games	5:30pm-7:00pm	9	\$7/\$14	F	Paula	A
25	Virtual Trivia	10:00am-11:00am	9	FREE	-	LeeAnn	AE
27	Art in the Park	10:00am-11:30am	9	\$8/\$16	F	LeeAnn	AE
27	TnT Games - Virtual	1:30pm-2:30pm	5	FREE	-	Lisa M.	Y
27	Craft - Evening	5:30pm-7:00pm	7	\$9/\$18	F	Paula	A
30	Lunch & Bingo	11:00am-2:00pm	9	\$25/\$50/\$15*	F	Paula	A

SOAR Fox Cities - where YOUTH fit in!

Kidz Klub—Kidz Klub is a collaborative after-school program between SOAR Fox Cities and area school districts which targets children in Elementary Schools. Kidz Klub is a peer-to-peer social group for youth with and without disabilities held at a school within the participating school district.

Teen Stop—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. Held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.

Special Olympics—Did you know Special Olympics begins at age 8?? Please see the Special Olympics section in this newsletter for sports offered by SOAR Fox Cities, and become part of the 3rd largest Special Olympics agency in the state of Wisconsin!!



Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, lisa@soarfoxcities.com

It's KITE Kamp time!

KITE Kamp is a Monday through Thursday summer day camp for youth ages 6-16. We meet from 8am-3pm every day at the Village of Fox Crossing Community Center (1000 Valley Road in Menasha). Each day of KITE Kamp has a different theme and is filled with fun activities, food, crafts, games, education activities & social time! Snacks & Lunch provided every day!!

2020 Dates: August 17th, 18th, 19th, & 20th

COST: \$150/youth Register by August 7th



If you are a TEEN or a young adult (thru age 23), join:

- **VIRTUAL TnT—Thursday, August 6th ~ 6:30pm** We're going to meet this time again via Zoom for one of our monthly TnT meetings! Sign up & Lisa will send you the link for some TnT fun!
- **VIRTUAL TnT—Thursday, August 13th ~ 1:30pm** Join us on ZOOM to play virtual Battleship! Sign up by August 5th & we'll mail you battleship cards to play at home. This game will be everyone versus Lisa - Someone is sure to sink her battleship!
- **TnT—Thursday, August 20th ~ 6:30pm** If you missed us in person in July, we want to see you in August. We will hold IN PERSON TnT in the parking lot of the SOAR building. Please enter the Pfeifferle parking lot from Morrison or Durke St, as we will have the entrances to SOAR's parking lot blocked off for safety. We will observe social distancing and sanitizing throughout the activity. CANT WAIT TO SEE EVERYONE!
- **VIRTUAL TnT—Thursday, August 27th ~ 1:30pm** Join us on ZOOM to play virtual Bingo! Register by August 19th and we will send you some bingo cards to play along on!

People First Fox Cities

A group that encourages and trains individuals to speak up and advocate for themselves. There is no cost to attend & learn how to become a better self-advocate. Everyone is welcome!



We're not hosting a public meeting in August, but if you want to learn more about People First & how to join be sure to reach out to LeeAnn Stein, our Director of Adult Services, at 920-731-9831 x112 or leeann@soarfoxcities.com

Brain Injury Support Group

This support group is open to survivors who have had a brain injury as well as family members & caregivers of those that have survived a traumatic brain injury.

The group meets at various times. To be safe, we're meeting out side this month! See the dates, times, & locations for each below!



- **Thurs., Aug. 6th** 6:00pm @ Pierce Park (Register by Aug. 5th)
- **Thurs., Aug. 20th** 6:00pm @ Pierce Park (Register by Aug. 19th)
- **Mon., Aug. 24th** 6:00pm via ZOOM (Register 24 hours in advance)

These groups are our first return to face to face groups & attendance will be limited for safety. Those wishing to attend **MUST** email Julie at Julie@soarfoxcities.com to reserve a spot.

We're also offering weekly virtual Hangouts via Zoom for brain injury survivors &/or their caregivers!

They're always from 1pm-2pm via Zoom on the following dates:

August 4th ~ August 11th ~ August 18th ~ August 25th

Coffee Connections! Wed. August 5th

10:30-11:30am via ZOOM

This is a support group for parents, guardians and caregivers looking to explore current trends and topics of interest.



Meet your representatives. Join local representatives to discuss state and local initiatives.

Watch for an email link with more details regarding the speaker(s) and link for the meeting. If you are not in the Coffee Connections contact group, contact Tammy at tammy@soarfoxcities.com for meeting information.

Parking Lot Bingo with the Fam!

Join us on Monday, August 10th from 5:30-7:00pm in the SOAR Parking Lot *

Join us for an evening of family fun! The night begins with snacks and then games of bingo with prizes. Registration is limited to 15 registrants. As this is a family event, please sign up with a family member or caregiver.

COST: \$5/person REGISTER BY: August 6th

*Rainout Plan: We'll meet inside the SOAR building, but will need to split into two groups so we can stay socially distanced



VIRTUAL Parent Happy Hour - SOAR Together!

Wed., August 19th ~~~ 6:30-7:30pm ~~~ ZOOM

Time flies! Here is another opportunity for parents, caregivers, and/or guardians to join a group to share stories, tips, and laughs. Settle down with your favorite beverage and connect with SOAR friends. The goal of this virtual happy hour is to touch base with one another, share stories, and laugh. Look for an email with the link to the meeting. If you are not on the SOAR Together contact list, email Tammy for the meeting info at tammy@soarfoxcities.com. Cheers!



Quick Reference

Director of Adult Services: LeeAnn Stein, 920-731-9831, x112

Program Coordinator: Paula Maurer, 920-731-9831 x124, (920-931-2530 after 5pm) or

Games (Face to Face!)

5:30-7:00pm at SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$7 or \$14 non-members

We're going to spend the evening playing games!

- **Mon., August 3rd** [Register by July 30th](#)

Scavenger Hunt! (Face to Face!)

10:00am - 11:00am at Heckrodt Nature Preserve (1305 Plank Road in Menasha)

Fee: \$10 or \$20 non-members

Join LeeAnn for a walking scavenger hunt through the trails at Heckrodt Nature Preserve!

- **Tues., August 4th** [Register by July 30th](#)

Crafts - Evening (Face to Face!)

5:30-7:00pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$9 or \$18 for non-members

- **Wed., August 5th** - We're going to spend the evening tie-dying t-shirts! Please be sure to provide your shirt size when you register. [Register by August 3rd.](#)
- **Thurs., August 27th** - We're going to make a Labor Day themed craft. [Register by August 24th](#)

Cooking Class (Face to Face!!!)

10:30am - Noon at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 for non-members

You will be making your own lunch! YUM YUM!!

- **Thurs., August 6th** [Register by July 30th](#)

** Registration is VERY limited - 6 for this class. Be sure to register early!!

Virtual Cooking Class - In Season

11:00am on the SOAR Facebook Page

Fee: FREE!!

During this episode of In-Season we'll be making Summer Cavatappi! The recipe takes advantage of the summer vegetables that are in season and abundant! The cooking class gives it two thumbs up!!

- **Mon., August 10th** No need to register in advance, just tune in!!

Art in the Park! (Face to Face)

10:00am-11:00am at Erb Park. Meet at the corner of E. Roosevelt & N. Morrison
 Fee: \$10 or \$20 for non-members

- **Tuesday, August 11th** Learn the art of Batiking.

This activity is limited to 15 people.

Register by August 4th

**Dinner & Movie (Face to Face)**

5:30pm-8:30pm at the SOAR Building, Lower Level Activity Room

Fee: \$15 or \$30 for non-members Caregiver fee: \$15

- **Wed., August 12th** Dinner will be spaghetti, garlic bread, a salad & dessert. Then we're going to watch the movie Scoob!

Register by August 10th

Baking Class (Virtual & Face to Face!)

10:00am - Noon at the SOAR Building, Lower Level Activity Room or ZOOM

ZOOM starts at 11:00am

Fee: \$10 or \$20 for non-members

- **Thurs., August 13th** You will be learning how to make a French Gallette.

Register by August 6th

Face to face class size is limited to 6 - Please register early!!

Outside Games (Face to Face)

5:30pm-7:00pm at City Park (Meet @ SOAR)

Fee: \$7 or \$14 for non-members

- **Thurs., August 13th** Drop off & pick up at the SOAR Building. We'll walk to City Park from there to play some outdoor games!

Register by August 10th

Lunch & Crafts (Face to Face)

11:00am-2:00pm at the SOAR Building, Lower Level Activity Room

Fee: \$25 or \$50 for non-members Caregiver fee: \$25

- **Sun., August 16th** We will have grilled chicken, salad, and a dessert for lunch! Then we'll do a variety of crafts for you to take home!

Register by August 12th

Mini Golf (Face to Face)

5:30pm-7:00pm at Badger Sports Park (3600 E. Evergreen Dr., Appleton)

Fee: \$12 or \$24 for non-members Caregiver fee: \$8

- **Tues., August 18th** Drop off & pick up at Badger Sports Park. We will play mini golf!

Register by August 13th

Dinner & Bingo (Face to Face)

5:30pm-8:30pm at the SOAR Building, Lower Level Activity Room

Fee: \$25 or \$50 for non-member Caregiver: \$15

- **Thurs., August 20th** We'll have burgers, fries & a dessert , then we'll play BINGO

Register by August 17th

VIRTUAL Cooking Class - In Season

11:00am on the SOAR Facebook Page

Fee: FREE

During this episode of In Season you'll learn how to take advantage of all that fresh sweet corn! You'll learn how to freeze corn and a recipe for Corn Salsa!

- **Mon., August 24th** No need to register in advance, just tune in!!

Outdoor Games (Face to Face)

5:30-7:00pm at City Park (Meet @ SOAR)

Fee: \$7 or \$14 for non-members

- **Mon., August 24th-** Drop off & pick up at SOAR. We'll then walk to City Park to play some outside games. **Register by August 20th**

VIRTUAL Trivia

10:00am-11:00am via ZOOM

Fee: FREE!

- **Tues., August 25th** Test your knowledge! There will be a trivia question & 4 answers - can you pick the right answer!? **Register by August 18th**

Art in the Park (Face to Face!)

10:00am-11:30am at Jefferson Park- Meet in the pool parking lot.

Fee: \$8 or \$16 non-members

- **Thurs., August 27th** Join LeeAnn to learn rubber stamping. There will be several projects for you to choose from that involve rubber stamps! **Register by August 20th**

Lunch & Bingo (Face to Face)

11:00am-2:00pm at the SOAR Building, Lower Level Activity Room

Fee: \$25 or \$50 for non-members \$15

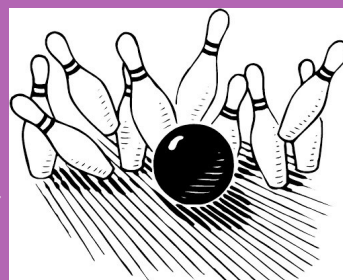
- **Sun., August 30th** We will have chicken pot pie & a dessert! Then we'll play BINGO! **Register by August 26th**

SPECIAL OLYMPICS!!!

IS BACK IN SEPTEMBER (at least that's what we're planning!)

And guess what sport starts in September? That's right!! BOWLING!!!

The bowling registration form is included - please check it out! As always, you can also call or e-mail Lisa Volkman, Special Olympics Program Coordinator, for more information. 920-731-9831, ext. 109 or lisav@soarfoxcities.com



Participant Name _____

Date of Activity	Activity Name	Cost
	Consider SOAR'n Up by adding a donation below in the Totals!	

Submit total amount due to:

SOAR Fox Cities

211 E Franklin St., Suite A

Appleton, WI 54911

Registration and Payment required prior to activities.

Pay by cash, check (# _____), or on-line.

Total: _____

SOAR UP \$ _____

New Total: _____

August 2020

(920) 731.9831
211 E Franklin St.
Appleton, WI 54911
info@soarfoxcities.com



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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NOTES



Ear Ye! Ear Ye!



*Corn you believe it is time for
SOAR's Annual Corn Roast?*

**Tuesday, August 18
4:00-7:00pm**

As much as we would love to host this event at Pierce Park as in years past, the COVID pandemic has forced us to be a bit more creative this year. To keep everyone safe and healthy during this challenging time, we have changed the format. Presenting...



**Corn on Wheels!
\$5/meal**



That's right! Starting at 4:00pm, SOAR volunteers will be delivering the corn roast meal **to your door!** Included in your order: an ear of roasted corn, a slider sandwich, a bag of chips, a dessert, and a bottle of water. In addition, each paid participant will receive his/her own "Corny" gift bag filled with surprises (one bag per meal ordered)! Meals will be available to all living in the greater Fox Valley area: Appleton, Neenah, Menasha, Kaukauna, Little Chute, Darboy, Kimberly, and Fox Crossing.

A-MAIZ-ING!



SOAR Fox Cities' Annual Corn Roast Registration

Registrations can be done on the SOAR website or mail in this form with your payment. NO IN-PERSON registrations!

REGISTRATION DEADLINE IS THURSDAY, AUGUST 6

\$5 per person/meal (This applies to participants, family members, caregivers or others) Please print names below:

_____	_____	_____
_____	_____	_____

Address where meal(s) should be delivered:

Street Address: _____ Apt. #: _____

City: _____ Email: _____

Will you need the corn taken off of the cob? Yes No If yes, for how many of the meals? _____

Any special instructions for the delivery team (i.e. come to the front door, prefer touchless delivery, etc.):

Total Amount Enclosed (Total should equal total # of meals x \$5. For example: 5 meals x \$5 = \$25):

\$ _____

Submit registration and payment to: SOAR Fox Cities, 211 E. Franklin St., Suite A Appleton, WI 54911

Online registrations can be made at <https://www.soarfoxcities.com/register-for-activities>.

For questions, please call (920) 731-9831. Ask for Tammy.



SOAR Fox Cities Special Olympics 2020 Bowling

Practice Schedule:

Sept. 14 - Nov. 9, 2020

Location: Sabre Lanes

(1330 Midway Rd. Menasha, WI 54952)

Important Dates:

Regional Tournament: TBD

Location: Super Bowl, Appleton and Sabre Lanes, Menasha

State Tournament: TBD

- Please be on time each week for practice and plan to be **picked up promptly.**
- Medical forms need to be given to Lisa V. by Oct. 1st. If you are unsure if you are up to date, please contact Lisa.

Please make checks payable to:

SOAR Fox Cities
211 E. Franklin St.
Appleton, WI 54911

**Registration
Deadline is
Thurs. Sept. 10**

***LEASE FEE:** The \$15 uniform lease fee will only need to be paid once during each Special Olympics year (Sept. - Aug.)

2020 SOAR Fox Cities Special Olympics Bowling Registration Form

Athlete's Name: _____

Emergency Contact Name: _____

Emergency Number: _____

Best number for info on practices: _____

Email: _____

Please indicate:

_____ I will compete at the Regional Tournament on TBD

_____ If I qualify, I will compete in the State Tournament on TBD

_____ I will NOT compete in any tournaments

SEASONAL FEES: \$90 for SOAR members / \$110 non-members

(fees include 3 games per practice & shoe rental)

Competition Athletes need to wear the purple/gray SOAR shirt:

Size (circle one): S M L XL 2XL 3XL

Office Use Only: Amount _____ Check _____ Cash _____ Online _____ Date _____